

# Bartlesville

## LIVING

October 2021



Meet the guys at  
**CABALA CONSOLIDATED  
COMPUTER SERVICES**





# Bartlesville

LIVING

## Table of Contents

5 Computers & Tech for Anything

7 Pain Relief Using Technology

8 Candles for a Cause

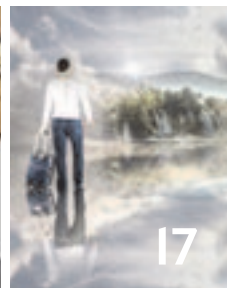
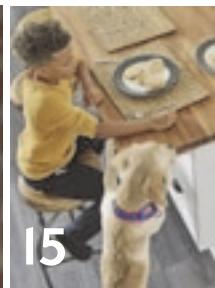
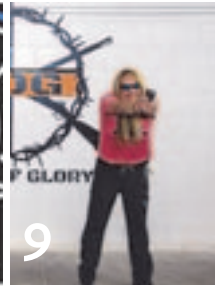
9 Going Hot with Classes

10 Christkindl Market set for Nov. 6

11 Q&A with City Beat

15 Transform Your Kitchen

17 You are a Citizen of the Kingdom



**Bartlesville**  
LIVING

Volume III  
Issue X

Bartlesville Living is Published by **ENGEL**  
PUBLISHING

**Publisher**  
Brian Engel  
brian@bartlesvilleliving.com

**Art Direction**  
Copper Cup Images  
design@coppercupimages.com

**Project Manager**  
Andrea Whitchurch  
awhitchurch84@gmail.com

**Sales Associate**  
Peg S. Wilson  
peg@bartlesvilleliving.com

**Contributing Writers**  
Deanna Evans  
Curt Landry

**Contributing Photographers**  
Peg Wilson  
The House of David  
Guns of Glory

**About the cover:**  
Cabala Consolidated  
is THE place in town  
for computer repair.  
Design by Copper Cup  
Images.







Thank You for voting us the Best of the Best in Computer Repair Service!

Affordable technology, products built just for you. From custom computer builds to hardware upgrades. A Local Veteran-Owned Business

- Custom Computer Design
- Certified Computer Repair
- Laptop Screen Repair
- Apple Computer Repair
- Networking / Wifi Upgrades
- Backup Services
- Remote Support
- Service Calls (On Site: Home/Business)
- Virus Removal
- Refurbished PCs & Laptops

**WE RECYCLE FOR FREE!**

Old laptops, desktops, parts, and most electronics recycled for free, and most of the time we can even come pick it up!

HOURS:  
8AM-6PM M-F  
APPOINTMENT ONLY

**918-550-4916**

336 NE Spruce Ave., Bartlesville

Follow us on social media for giveaways



**cabalaconsolidated.com**



# COMPUTERS & TECH FOR ANYTHING

## CABALA CONSOLIDATED SPECIALIZES IN HOME & BUSINESS

BY DEANNA EVANS

If you are looking for affordable technology and products that are built just for you, then Cabala Consolidated is the right choice. From custom gaming computer builds to hardware upgrades and computer repair, Cabala Consolidated is focused on treating people right. Their guys are technology wizards waiting to help service computers for both homes and businesses.

Rated #1 in computer repair in Bartlesville, Cabala Consolidated provides various services to suit your needs, including custom computer design, networking, computer repair (including Apple computers), remote support, laptop repair, backup services, refurbishing PCs and laptops, and service calls.

"Every computer build is tailored to its user," said local businessman and Marine veteran James Brown. "From schoolwork to workstation to virtual reality gaming, we build it for you."

"Cabala outfitted us with four dual monitor desktops that do everything we need for our growing business. Not only are they a local, veteran-owned business, they do great work at a great price... Call them today! You won't be disappointed," said an online review written by the Squeegie Squad Oklahoma.

Do you know which cable is connected to what device? The specialists at Cabala Consolidated do everything from tracing and labeling to physical hardware upgrades. They can expand your Wi-Fi network to securely cover more space.

For computer repair, they provide virus removal, upgrades, replace hard drives, speed up computers, and other various repairs.

They can upgrade parts and resolve issues on Apple computer devices and laptops. Running out of storage? Cabala Consolidated can upgrade storage, memory, and replace charging ports on most models.

Cabala Consolidated offers help via remote connection, and they can install drivers, update software, and resolve other issues.

"We repair laptops, too, from overheating to system upgrades, to noisy fans, and even broken laptop screens," said Brown.

Touchscreens not working? No problem.

Hard drive too small? They can install a larger hard drive and make it look like it did before the upgrade. They can even recover data from most broken laptops.

Cabala Consolidated opened its doors in January 2019, when Brown teamed up with other veterans and technology specialists, including Aaron Forth, James Manios, and Connor Crichton.

With nearly 20 years of experience, Brown earned his bachelor's degree in information technology from the University of Phoenix and San Diego State University. In addition to the experience he gained during his two enlistments in the Marines, Brown also has earned multiple IT certificates.

Forth sought to find a new mission after his almost 16 years of military service and discovered Cabala Consolidated was that mission. Helping Cabala Consolidated find the next technology or strategic step to providing services to their clients maximizes Forth's talents.

Crichton, a man of many trades, is an integral part of the Cabala Consolidated team. He brings a wealth of knowledge to the team



*A local artist's rendition of the Cabala Consolidated team.*

and has backgrounds in customer service for more than five years, plus two years in warehouse management, and he has also been a part of a small business leadership team.

Manios is a regular jack of all trades, but his specialty is in sales. He has more than 10 years of sales/sales manager experience and has worked on several successful startups.

While they all have varied backgrounds, Brown said they have one thing in common — they all love technology. Cabala Consolidated provides technology solutions for home and business.

"Computers are our passion and we strive for customer satisfaction and being able to provide affordable technology solutions," said Brown.

They are a monthly service provider and have many satisfied customers.

"We are the offsite IT, so people are able to outsource, so they don't have to staff 24/7," said Brown. "We offer 24/7 computer maintenance and troubleshooting for our contract clients."

One online consumer had this to say about Cabala Consolidated: "I really love how quickly my monitor got repaired. I wasn't sure if they were able to fix my curved predator monitor, yet they came through for me. ... I'm definitely recommending them to my friends and family if they need anything repaired or updated. 110% great service."

Cabala Consolidated is located at 336 NE Spruce Ave. in Bartlesville. Hours of operation are 8 a.m. to 6 p.m. Monday through Friday by appointment only. For more information, please email him at [info@cabalaconsolidated.com](mailto:info@cabalaconsolidated.com) or call him at 918-550-4916.

# Indicators of Sacroiliac (SI) Joint Pain

# It Hurts Right Here

If this sounds familiar,  
contact Dr. Kris Parchuri

Fortin Finger Sign  
**Simple,  
Reliable**  
Diagnostic Aid

## Painful Activities



### Sitting

-Weight on the unaffected side



### Sit to stand

-Pain going from sitting to standing  
-Midrise catch  
-Use of hands/arms to assist with standing



### Stepping up

-Pain going up stairs  
-Pain with loading affected side



SPINE &  
ORTHOPEDIC  
SPECIALISTS

Dr. Kris Parchuri • [sostulsa.com/dr-kris-parchuri](http://sostulsa.com/dr-kris-parchuri)  
226 SE DeBell Ave., Bartlesville • (918) 286-3124

**SI-BONE**®

[si-bone.com](http://si-bone.com)

Co-Sponsored By SI-BONE, Inc. SI-BONE is a registered trademark of SI-BONE, Inc. ©2021 SI-BONE, Inc.



# Pain Relief Using Technology

by Deanna Evans



Dr. Kris Parchuri, an orthopedic physician and spinal surgeon with offices in Bartlesville and Tulsa, specializes in bringing the best possible procedure and treatment to every patient.

“SI joint pain is highly debilitating. Americans spend about \$86 billion per year on lower back pain, yet the diagnosis of sacroiliac joint disease is frequently overlooked by physicians,” said Dr. Parchuri. “Substantial savings is possible from proper diagnosis and treatment.”

Dr. Parchuri and his team of medical professionals will help you get your life back today. If you are suffering from chronic or acute pain, you need the leading medical professional in Tulsa spinal surgery. He is committed, dedicated, and specializes in orthopedic spine surgery and pain management. With more than 13 years of experience, Dr. Parchuri can put you on the road to recovery and help you reclaim your life.

A graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, Dr. Parchuri completed his orthopedic residency in Tulsa at Oklahoma State University Medical Center, followed by a spine fellowship at Texas Back Institute in Plano, Texas.

One of the diagnostic aids Dr. Parchuri uses is the Fortin Finger Test. It is a simple and reliable diagnostic aid. The patient is asked to point to the location of their primary pain. If it is below L5, then the doctor considers the SI joint. If it is above L5, he focuses on lumbar spine etiologies.

## **Are you experiencing one or more of the symptoms listed below?**

- Lower back pain (below L5)
- Sensation of lower extremity: pain, numbness, tingling, weakness
- Pelvis/buttock pain
- Hip/groin pain
- Feeling of leg instability (buckling, giving way)
- Disturbed sleep patterns due to pain
- Disturbed sitting patterns (unable to sit for long periods, sitting on one side)
- Pain going from sitting to standing

## **Do any of the following apply to you?**

- History of a fall, accident or repetitive injury
- Trouble sleeping on one side
- Difficulty sitting for long periods of time
- Difficulty riding in the car

Dr. Parchuri said, “15-30 percent of patients with chronic low back pain may have pain arising from the sacroiliac (SI) joint, yet most

physicians are not trained to consider the SI joint when evaluating lower back pain. If you are experiencing lower back pain, it may be coming from your SI joint.”

The sacrum attaches to the large pelvic bones known as the ilia. The joints that connect the sacrum to the ilia are called the sacroiliac (SI) joints. These joints transfer weight and forces between your upper body and legs. SI joint degeneration can be caused by degenerative disease, trauma, pregnancy/childbirth, prior lumbar fusion, and other causes.

Injury to the ligaments, muscles, or other soft tissues supporting the SI joint may alter the ability of the SI joint to effectively change to new positions and/or transfer load during routine physical activities.

SI joint symptoms may present as pain, or feelings of numbness, weakness, or tingling in the lower back, buttock and/or legs. Symptoms may be similar to those from other spine conditions such as a herniated disc or a compressed nerve root.

If non-surgical therapy fails to provide lasting relief, Dr. Parchuri and his patients may consider surgical options. The iFuse Implant System is a minimally invasive treatment option to treat some SI joint. With iFuse-3D implants the 3D-printed surface mimics cancellous bone. The implants demonstrate substantial bone ongrowth, ingrowth, through growth and employs self-harvesting technology.

Another potential treatment he uses is iFuse Bedrock, which provides “fixation, fusion, and foundation,” according to Dr. Parchuri. “Data shows a 30 percent reduction in SI joint motion by adding iFuse Bedrock to sacral-alar-iliac screws. Please contact us if you would like to schedule an examination to evaluate your lumbar spine and sacroiliac joint.”

His offices are located at 226 SE DeBell Ave., Bartlesville, and 8165 S. Mingo Rd., Ste. 201, Tulsa.

“Our number-one goal as a staff is to make every patient feel at home,” he said. “We welcome you to a comfortable environment and medical office that is both clean and relaxing.”

Dr. Parchuri and his team have the advanced clinical training and education to ensure that you receive the best care for your pain. “Our professional staff prides itself on listening to each patient to ensure they receive the correct treatment,” he said.

To schedule a consultation, contact Tulsa Spine and Orthopedic Specialists online at <https://sostulsa.com/dr-kris-parchuri/> or call 918-286-3124.

# Candles for a Cause

By Deanna Evans

The Crafty Candle Shoppe recently introduced its first Candle for a Cause, and it is fast becoming a popular item. The boutique has found a way to help raise funds for local organizations.

"Now that we're entering our fourth month in business, we've found our groove," said Erin Taylor, who owns the store along with her husband, Cliff.

"We had a fantastic opportunity to join in the efforts of the social media legend @iambearsun as he travels across the country raising awareness and funds for charities," she said. "We created what would become our first Candle for a Cause, The Beary Sunny Day," and sold over 100 in a matter of days." When Bearsun reaches New York, The Crafty Candle Shoppe will end that campaign and net proceeds will be added to his GoFundMe for Villa Esperanza.

The second Candle for a Cause is Warrior in Pink, honoring breast cancer warriors of the past, present, and future. Proceeds from Warrior in Pink will stay right here in town and go to Hope-stone Cancer Support Center of Bartlesville.

On deck for November's Candle for a Cause is Native American Awareness. The recipient has not yet been identified, and they will be seeking the community's input to determine what organization should receive the donation.

The Crafty Candle Shoppe is located at 137 SE Washington Blvd., in Bartlesville. The Crafty Candle Shoppe and Artisan Mercantile is open from 10 a.m. to 7 p.m. Monday through Saturday. For more information, please call 918-727-0302.



**THE**  
**CRAFTY CANDLE SHOPPE**  
&  
**ARTISAN MERCANTILE**

**137 SE Washington Blvd. Bartlesville OK 74006**  
**918-727-0302**

**[www.thecraftycandleshoppe.com](http://www.thecraftycandleshoppe.com)**

## 3rd Annual OPEN HOUSE CHRISTMAS CRAWL



**JOIN US FOR OUR ANNUAL BARTLESVILLE CHRISTMAS OPEN HOUSE CRAWL**

**FRIDAY, NOVEMBER 5 - SATURDAY, NOVEMBER 6**

**BUTTERCUP MARKET • KIDZ KORNER • MOXIE ON SECOND • ROOTS & BLOOM • RUSTIC PONY**

**Pick up your card from one of the participating stores. See one of the listed stores for details.**





# Going Hot with Classes

## Guns of Glory Aiming for a Busy Month

by Deanna Evans

Guns of Glory started with a bang at last month's grand opening and is "going hot" with classes and training, lots of new stock coming in, and special orders going out every day.

"Going hot means we are shooting," explained Kara Gage, executive marketing/creative director and lead instructor at Guns of Glory.

Last month's grand opening of Guns of Glory was a huge success. The action-packed five days featured instructors from across the United States, special events, seminars, vendors, drawings, and giveaways.

"There was a huge attendance and everyone had a good time," Kara said. "It was crazy busy and we had people lined up out the door."

Kara hopes the momentum of the grand opening is still carrying through this month, as October is Domestic Violence Awareness month. Kara is a self-proclaimed victim turned survivor, turned loud-mouthed advocate for domestic violence survivors.

"My ex said he would win no matter what, so a girl who started out scared to death of guns decided to get one," she said. "I ended up becoming an instructor and sought more and more and more training. I was never going to let me or my four daughters know what it was like to be a victim."

She's a strong-willed advocate for others, especially women.

"Domestic violence affects one-in-four women and on-in-six men," she said. "I'm encouraging people to wear purple on Thursdays during the month of October for domestic violence awareness.

"And always wear red on Fridays to remember everyone deployed," Kara added.

The Guns of Glory ranges are expected to be opening to the public soon, as they are putting the finishing touches on them, including insulation and sound protection. The outdoor range is going to be even bigger than it was for the grand opening, about double in size.

Kara said the proshop is open, and they have new stock coming in every day. They carry firearms, holsters, and various accessories.

Through Sweet Shot Firearms, Kara has several classes planned in the coming weeks that will be taught at Guns of Glory. For a complete list of classes, visit [www.shootingclasses.com/sweetshotfirearms/](http://www.shootingclasses.com/sweetshotfirearms/)

Classes are offered for various types of firearms and skill levels, including NRA Chief Range Safety Officer, NRA Basic Pistol Instructor, Intro to Pistol & Oklahoma Handgun License, NRA Instructor Rifle Shooting, NRA Basic Rifle Shooting, NRA Basic Shotgun Shooting, NRA Personal Protection Outside Home (Instructor and Student), and Personal Protection in the Home.

David Romine, Guns of Glory executive director, wants to thank the people of Bartlesville and Dewey for the wonderful welcome they have extended.

"They've been remarkable," he said. "The people here are great! We are so excited to be here."

Guns of Glory Proshop and Indoor Range is located at 427 S. Osage Ave., in Dewey, and the Outdoor Range is a few miles away at 402643 US Highway 60 in rural Bartlesville.

Shoot with a SMILE!



# Christkindl Market set for November 6

By Deanna Evans

OKM Music will host their annual Christkindl Market on Saturday, November 6.

OKM is bringing back a little slice of the Bavarian culture to downtown Bartlesville, with wonderful vendors, art, music, and delicious food.

The event will be held from 10 a.m. to 4 p.m. November 6, inside of Father Lynch Hall of St. John Before the Latin Gate Catholic Church, located at the corner of Keeler and 8th Street.

Experience a traditional Bavarian market while enjoying a smorgasbord of local vendors and artisan flavors. Community partners come together to help OKM bring this whimsical European Event to life. Entertainment will be provided for kids and adults alike.

Christmas carolers, children's activities, and shopping fill the air. They will be hosting performances from a number of people, such as Bartlesville Jazz Choir, Everett Music Studio, and much more. Kids games will also be present. Twinkly lights and Gluhwein (German mulled wine) make for a perfect night.

All proceeds will benefit the annual OKM Festival and year-round children's programming.



## UPCOMING EVENTS

**2nd Annual Platinum Cigar Smoke Off Backyard BBQ Contest**  
October 15-16 Contestants call 918-214-8252 for details.  
Entry forms on our Facebook page.

**October 16 Doggie Parade. Register at 5th & Johnstone.**  
**Portable Axe Throwing Studio**  
Sample everyone's cooking at 12:30 p.m.  
Adults \$10, 12-under \$5.  
Sides sponsored by Eagles Aerie 610.  
Live music beginning at 1 p.m.  
featuring Biscuits & Gravy.



**October 22 Zack Baker (8:30 p.m.)**  
**October 29 Cory Lee (8:30 p.m.)**  
**November 13 Special Event! Aaron Ray Vaughn & Luke Christenson (9 p.m.)**

Tues - Thu 3 - 11pm | Fri 3pm - 1am | Sat 1pm - 1am  
314 S. Johnstone Avenue, Bartlesville, OK 74003  
918-214-8252

# JOIN US

*this Sunday*

## 9:30am or 11am



## Spirit CHURCH

love joy peace

2121 S. Madison Ave.



by Kelli Williams

## Truth or rumor?

### Are we getting a new coffee shop in Bartlesville?



Scooter's Coffee has obtained permits needed to clear the way for construction of a drive-through facility in Eastland Shopping Center. The business will be located where the former drive-through bank was prior to removal several years ago. The contractor is apparently finishing a job in another location so no start date for Bartlesville is known.

### Bonus information: Shoe store scoop

A new shoe store is also set to locate in Bartlesville. According to the Community Development Department, Shoe Dept. Encore plans to open a store at the Shops at Turkey Creek, formerly the site of Kmart. A start date for construction is not yet known.

## What's going in there?

### What's going in behind Starbucks?

The concrete has been removed and other preliminary steps taken to prepare for construction of a Schlotzky's restaurant at the location in question, 3813 S.E. Frank Phillips Blvd. The target date for completion is early 2022.



### What are they building across the street from the hospital?

Contractors are moving forward with construction of a Tropical Smoothie Café at this location. The city currently has no target date for completion.

## Luigi's: Moving right along

### When is the new Luigi's going to open?

According to the Community Development Department, plans are still on track for the new Luigi's restaurant to open early next year. Until then, the restaurant is open at its current location, 3822 S.E. Frank Phillips Blvd.

## New Cable & Internet Company Coming to Bartlesville Soon

By Kelli Williams

Vast Broadband Vice President of Market Development Desi Stoops made a presentation to the city council regarding the company's plan to launch new cable and high speed internet service in Bartlesville, saying half the city could be online in two years.

During a September 7 meeting, the council voted to authorize a franchise agreement with Clarity Telecom LLC, a subsidiary of Vast Broadband, that will allow the company, operating now as Bluepeak, to offer cable and high speed internet services locally in exchange for five percent of the gross revenues from both the services and advertising. The agreement is similar to those with other companies holding a franchise agreement with the City of Bartlesville.

The company, which currently offers services in South Dakota and portions of Western Minnesota, was purchased by GI Partners in February and is in the process of transitioning its name and brand to Bluepeak. He said Bluepeak anticipates spending in excess of \$250 million in Oklahoma, offering services in Bartlesville and several other Oklahoma communities. "We want to have a local presence and to be transparent," he said. "We are excited to be a part of the community."

He said the company aims to have services available for half of Bartlesville within two years and should have 90 percent online availability within three years. "One gig will be the lowest speed we'll offer," he said. "We'll offer two gig to residential customers and will offer commercial (services) as well."

## Free Yard Debris Collection Set

By Kelli Williams

The City of Bartlesville will offer a free residential yard debris collection the week of December 6-10. During this special collection week only residents may place their leaves, grass, lawn clippings, and other yard debris at the curb in bags on their normal trash collection day for collection by Solid Waste Department crews.



The collection is for the following items only: Leaves, grass, lawn clippings, and limbs & branches only if cut in lengths no longer than four feet and bundled. This may not exceed 50 pounds. During that week, yard debris bags will not require yard waste stickers and clear or colored bags are allowed. The collection is for private residences only; no commercial collections will be made.

There is no limit on the number of bags a resident can put out for the collection. Yard debris will only be collected once, on your normal collection day of the week. Extra bags or items of household refuse outside the cart must have the red refuse sticker attached. Residents should comply with all other standard refuse regulations.

For more information, contact the Solid Waste Department at 918-338-4130.



1757 Frank Phillips Blvd.  
Bartlesville, OK

918-333-4647



SHARON FOUTS  
918-231-2052

### FEATURED PROPERTIES

New Listing



394071 GAP ROAD

Custom-built brick home on 48.5 acres. Open floor plan, 3 bedrooms, 2 baths, barn, working pens, mineral rights transferred.....\$550,000

SOLD



640 NE FENWAY AVENUE

4 bedroom, 2 bath, 1 living area, 2-car garage .....\$121,500

Price Lowered



120 S CREEK AVENUE

2 BR, 1 BA, CH/window air, new paint, new floor covering .....\$65,200



3600 NOWATA ROAD

3 bedroom, 2 bath, 2 living areas, 2-car garage .....\$149,000

### OFFICE SUITE

#### 510 1/2 CHEROKEE

Renovated office building with five rooms, small kitchenette, lease includes parking and utilities. Stair chair lift.

### RENTALS AVAILABLE

Ground floor business location with 2 offices, 1/2 bath. Upstairs living quarters 1 bed, 1 bath, living/dining area. Completely remodeled. ....Deposit/Rent: \$750

518 E Silas St | 1 BR, 1 BA.....Deposit/Rent: \$550

514 1/2 E Silas St | 1 BR, 1 BA .....Deposit/Rent: \$550

324 S Creek Ave | 2 BR, 1 BA upstairs condo unit .....Deposit/Rent: \$500

USING ELECTRONIC LOCKBOXES FOR YOUR SAFETY

WHERE SHOULD I ADVERTISE?

WHAT SHOULD I DO ABOUT BAD REVIEWS?

HOW CAN I REACH MY CUSTOMERS?

WHAT ABOUT PRINT?

ARE FACEBOOK ADS WORTH IT?

WHAT IS SEO?

HOW DO I SHOW UP ON THE FIRST PAGE OF GOOGLE?

HOW DO I LOOK MORE PROFESSIONAL?

WHAT SHOULD BE ON MY WEBSITE?

## Questions? We have answers.



COPPER CUP IMAGES  
PRINT | WEB | SOCIAL | SEO

CopperCupImages.com • 918-337-2781  
500 South Dewey, Ste A, Bartlesville, OK

# SUPER EASY Home Loans!

Low rates, fast closings and great service!  
Apply online: [TruityCU.org/HomeLoans](https://TruityCU.org/HomeLoans)





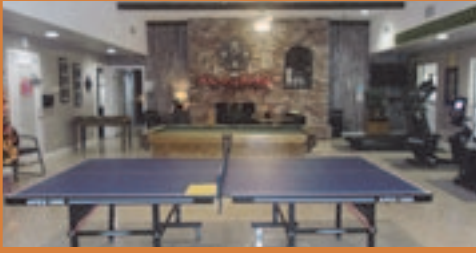
We strive for excellence in service. Come by and see for yourself.

## The Village Apartments

- Club Room
- Game Room
- Laundry Room
- Pond with Fountain
- Exercise Equipment
- Swimming Pool
- Basketball Court
- 1 & 2 Bedrooms

Great apartment  
living at the  
right price.

Voted Best in  
Bartlesville for the last  
4 years in a row!



1565 King Drive, Bartlesville, OK 74006 | 918-335-2911 (O) | 918-335-2230 (F) | [www.bvillevillageapt.com](http://www.bvillevillageapt.com)

***Investment Property***

***2 Buildings For Sale***

***Possible Lease Back***

***Best Offer***

***Call 918-923-3191***









# Transform Your Kitchen

(BPT) — The kitchen is famously the go-to room of the house where family and friends gather to spend time together, so it should be a space that you enjoy hanging out in. If your kitchen's décor is starting to look a little tired, you can always freshen things up by adding modern and functional touches. Here are five ideas — from simple to complex — that can transform your kitchen from tired to top-notch.

## 1. Color your world

Adding color doesn't need to be expensive or time-consuming. For instance, small appliances are to kitchens what throw pillows are to couches. Look for small, countertop kitchen appliances with a color you love and put them on display. Get creative with colorful art. Dress up your floors with a colorful runner. Paint something — an accent wall, a nook, woodwork, or if you're an experienced DIYer, cabinets. You hold the palette, so go ahead and make your statement.

## 2. Warm up your countertops

If you want to add a bit of natural warmth to your kitchen, consider butcher block countertops from LL Flooring, which offers an array of beautiful options.

"There is nothing like the warmth and durability of wood to add timeless style to your kitchen," said Jennifer Meska, design expert at LL Flooring. "Classic styles like American Walnut are one of the most highly sought-after domestic hardwood choices."

Adding to the benefits of butcher block is the close grain of the wood, which provides a smooth, scratch-resistant surface that's easy to clean.

## 3. Make a cozy, intimate seating area

Because people tend to congregate in the kitchen, invite them to stay a while by installing a modern seating area. Get creative with

counter seating, or carve out a cozy nook in a corner. Banquet seating or a bench at a window-side table can give your kitchen an inviting atmosphere. Our lives are busy, and kitchen seating is a multitasking hero. Seating that's both comfortable and functional allows you to spend time with children as they study, or socialize with guests while cooking a meal.

## 4. Shed a new light on it

Updating your light fixtures can make a night-and-day difference in the mood of your kitchen. The easiest to install is pendant lighting that you plug into the wall. Hang a hook from the ceiling and swoop the cord over it and voila, you've got modern lighting. When in doubt, recessed lighting is always on trend. Installing it with a dimmer switch may require professional installation, but the end result is worth it. Need a quicker fix? Make a statement by replacing outdated fixtures with decorative track lighting, a lightbar over the kitchen island, or an artistic chandelier.

## 5. Put a spotlight on your kitchen floor

Fresh flooring can greatly revitalize your kitchen, instantly sprucing up any dull décor with a timeless product that is resilient, waterproof, durable, and attractive.

LL Flooring offers hundreds of waterproof styles to choose from, including the new CoreLuxe Americana collection, a line of extra-durable vinyl flooring in natural wood hues that are sure to enhance your décor. "Each of the Americana floors brings the natural colors and hues of the great American outdoors into your home with an on-trend design and do-anything performance," said Meska.

Breathing new life into your kitchen can be as simple or as complex as you want to make it. Start small and go big, or start big and accent with small touches of color. Make it yours, and make it inviting.

Oct 22 • 23 • 29 • 31 6 - 11 p.m.

Three Haunt Options  
**\$5 to \$15**

Price Tower

**HAUNTED**

**WHERE THE GUESTS  
NEVER LEAVE!!!!**

**HOTEL**



# You are a Citizen of the Kingdom

by Curt Landry

Citizenship is defined as "the position or status of being a citizen of a particular country." If someone were to ask you which country you were a citizen of, what answer would you give?

The truth is that many of us in the United States are proud to be American. We are proud of our nation and understand the benefits of being called a citizen of the United States. However, as our country's political and spiritual atmosphere has shifted, we must think about citizenship differently.

Again, what answer would you give? Let's start seeing ourselves as a citizen of His Kingdom — a heavenly Kingdom.

## You Are a Citizen of the Kingdom

We know that this shift will ultimately be for God's glory. It will lead many to a confession of faith that Paul mentions and quotes from the book of Isaiah...

*"Therefore, God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father."*

—Philippians 2:9-11

But for those of us who willingly declare the name of Jesus Christ — Yeshua HaMashiach — as our Lord and Savior, we must start warring in prayer as citizens of His Kingdom.

So then, what does warring in prayer as a citizen of His Kingdom look like?

## Decrees and Declarations Made for His Kingdom

The Bible says, *"For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ, who will transform our lowly body that it may be conformed to His glorious body, according to the working by which He is able even to subdue all things to Himself"* (Philippians 3:20-21).

Therefore, if we are citizens of Heaven and good soldiers of Christ (see 2 Timothy 2:3), we must then put on God's armor (see Ephesians 6:11-20) and war in the Spirit, in the Courts of Heaven through prayer, thanksgiving, and petitions.

## Warring with a Kingdom Mindset

Decree and declare God's Word. Take verses, such as Isaiah 60:1-3, and start decreeing and declaring them over your home, your family, and yourself in this season.

*"Arise, shine; for your light has come! And the glory of the Lord is risen upon you. For behold, the darkness shall cover the earth, and deep darkness the people; but the Lord will arise over you, and His glory will be seen upon you. The Gentiles shall come to your light, and kings to the brightness of your rising."*

—Isaiah 60:1-3

As the Spirit of the Lord leads, turn the verse into a prayer such as...

**"The glory of the Lord is upon my family and me. Though darkness may cover the earth and the people, the Shekinah glory of the Lord will arise over my home and my family. His glory will be seen, and those around me will be attracted to the light. In Jesus' name—Amen!"**

## Try decreeing verses such as...

- Isaiah 43:18-19
- Isaiah 43:25-26
- Zechariah 13:2
- Ezekiel 38:23

## Whatever the nation does, remember that you are a citizen of His Kingdom

Joshua 24:15 is a verse that we must understand and come into agreement with as families, individuals, and as the Body of Christ...

*"And if it seems evil to you to serve the Lord, choose for yourselves this day whom you will serve, whether the gods which your fathers served that were on the other side of the River, or the gods of the Amorites, in whose land you dwell. But as for me and my house, we will serve the Lord."*

House of David  
22500 South Hwy. 125  
Fairland, Ok 74343  
[www.HouseofDavid.com](http://www.HouseofDavid.com)

