

# Bartlesville

## LIVING

October 2022

*It's Fall Y'all!*

You're invited to Regent Bank's

## Faith in Business Series

see page 8

### ALSO INSIDE

Guns of Glory, Ask the Doc, Veterans  
Connection, City Beat, and more!



# Set Your Sights On Big Savings!



## Memberships (Annually per date of purchase)



### Individual - \$250

- No lane fees
- 10% discount on Pro Shop purchases (some exclusions apply)
- Wait list priority

### Family- \$350

- Includes immediate household only (under 18 must be accompanied by an adult member age 21 or older)
- No lane fees
- 10% discount on Pro Shop purchases (some exclusions apply)
- Wait list priority

### Heroes, Teachers & Seniors (ID required) - \$200

- Police, Fire, EMS, Active/Retired Military, CLEET Licensed Armed Security, Educators & Seniors 70+
- No lane fees
- 10% discount on Pro Shop purchases (some exclusions apply)
- Wait list priority

### Outdoor Range - \$200

- Includes immediate household only (under 18 must be accompanied by an adult member age 21 or older)
- No lane fees
- Only \$100 add-on to any indoor membership

Church / Small Business / Corporate Accounts Available

**We have  
bolt action  
rifles!**

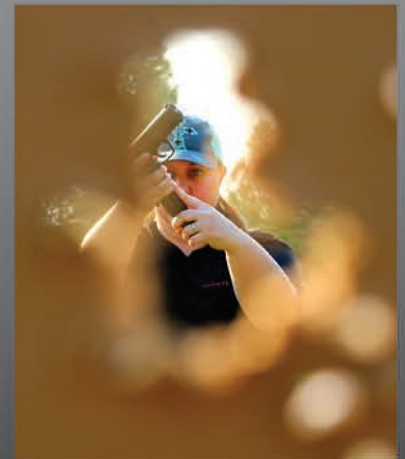


## Punch Cards (No Expiration)

- \$100 for 6 visits (individual lanes)
- \$180 for 12 visits (individual lanes)

## Daily Pass

- \$20 for One Shooter
- \$30 for Two Shooters (in the same lane; Minors shoot free with a [aid adult age 21 or older)
- \$15 for Heroes, Teachers, Seniors (ID required) & Steel Grace Members



**Outdoor Memberships \$150 until Christmas - \$50 Savings**

**We will customize the experience to meet your needs. Call & let us make your ideas a reality!**

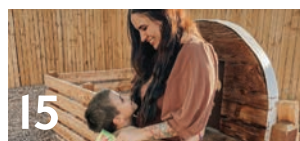
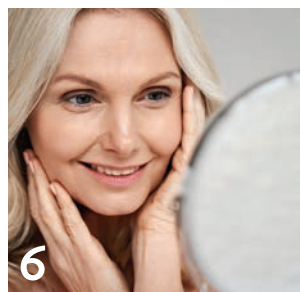
**(918) 534-8758**

# Bartlesville

LIVING

## Table of Contents

- 4 Ask the Doc...About Relieving Nerve Pain
- 5 Guns of Glory Offering Special Rates
- 6 Fractional Ablative Laser
- 8 Let's Get Together: Regent Bank's Faith in Business Series
- 10 Are You Living With Neck Pain?
- 12 Breast Cancer Awareness Month
- 13 Veteran Organization of the Year
- 15 Outdoor Fall Fun
- 19 City Beat: Council Hears Concerns



**Bartlesville**  
LIVING

Volume III  
Issue IX

Bartlesville Living Published by

**ENGEL**  
PUBLISHING

Publisher  
Brian Engel  
brian@bartlesvilleliving.com

Graphics  
Copper Cup Images  
design@coppercupimages.com

Project Manager  
Andrea Whitchurch  
awhitchurch84@gmail.com

Sales Associate  
Peg S. Wilson  
peg@bartlesvilleliving.com

Contributing Writers  
Deanna Evans, Matt Conley

Contributing Photographers  
Peg Wilson, AMBA,  
Guns of Glory, Lavers Aesthetics  
Veterans Connections Organization

About the cover: Fall  
has finally arrived!

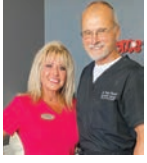
Design by  
Copper Cup Images



# Ask the Doc

## ...About Relieving Nerve Pain

by Deanna Evans



Hand and foot chiropractic has touched so many lives and is sought after by patients searching for non-surgical health solutions for their upper and lower extremity needs. Chiropractic care provides great benefits for patients with upper extremity entrapment neuropathies.

Dr. Tracy Russell, D.C., The Hand and Foot Chiropractor in Bartlesville, is trained to provide specific chiropractic adjustments to the upper extremities to restore healthy alignment and function to the nerves. "Hand numbness may be related to compressive forces affecting one or more peripheral nerves that supply the upper extremity," said Dr. Russell. "There are more than 10 different possible sites of nerve entrapment in the arm and hand, which when compression occurs may lead to numbness, tingling or burning sensations."

The most common site of nerve entrapment is at the wrist inside the carpal tunnel. There are three major nerves that can be compressed in the hand, the median, the ulnar and the radial nerves. The elbow is another possible site of nerve entrapment for the median or radial nerves. As the spinal nerves pass from the neck into the upper extremity, they merge near the area of the shoulder, known as the thoracic outlet. There are multiple overlapping muscles and interconnecting structures in the

thoracic outlet, creating several tiny passageways for these nerves. Thoracic outlet syndrome is a nerve entrapment disorder.

"All of these nerve entrapment conditions respond remarkably well to specific chiropractic adjusting procedures to the neck, shoulder, elbow or hand" said Dr. Russell. "When we work on a patient's extremity by applying gentle and safe adjusting procedures, the nerve entrapment diminishes, as well as the pain patterns."

Chiropractic care provides an amazing remedy for so many different types of health conditions. "We take great interest in providing care to patients who suffer from a myriad of upper extremity conditions involving the hand, elbow and/or shoulder," said Dr. Russell.

For more information, call 918-333-3363 to make an appointment with Dr. Russell at Russell Chiropractic Hand & Foot Clinic, located at 2523 SE Washington Blvd. You can schedule online using The Scheduling App, available by scanning the QR code. The ID for the clinic is ADWXLX. Register using the cell phone number on file with the clinic. Hours of operation are 9 a.m. to 12:30 p.m. and 3-5:30 p.m. Monday through Wednesday and 9-11 a.m. on Thursday. The office is closed on Friday, Saturday, and Sunday.



- Laser Engraving
- Metal Engraving
- Custom Design
- Personalized Gifts
- Promotional Items

## Green Country



## Laser Design

- Home Decor
- Religious
- Sports/School Functions
- Business/Personal
- Vinyl Decals



# Visit Our Online Store



We proudly create and engrave customized products to be treasured for years to come.



[greencountrylaserdesign.com](http://greencountrylaserdesign.com) | [sales@greencountrylaser.com](mailto:sales@greencountrylaser.com) | 918-397-5067





# Guns of Glory Offering Special Rates Memberships Available at Huge Discounts

by Matt Conley

Believe it or not, Christmas is just around the corner. Now is the time to start shopping for the holidays, and Guns of Glory is the perfect place to find something special for the outdoor enthusiast and gun owner.

Guns of Glory wants area residents to know that they can be the perfect one-stop shopping place to find that special gift for outdoor enthusiasts and gun owners. They are offering special reduced rates on all of their membership packages, as well as special discounts on punch cards and daily passes.

Memberships run annually from the date of purchase and include the following benefits:

## Individual Membership (\$250)

- No lane fees
- 10% discount on Pro Shop purchases (some exclusions apply)
- Wait list priority

## Family Membership (\$350)

- Includes immediate household members only (under 18 must be accompanied by an adult member age 21 or older)
- No lane fees for household members
- 10% discount on Pro Shop purchases (some exclusions apply)
- Wait list priority

## Heroes, Teachers & Seniors (ID required) (\$200)

- Police, Fire, EMS, Active/Retired Military, CLEET Licensed Armed Security, Educators, and Seniors 70+
- No lane fees
- 10% discount on Pro Shop purchases (some exclusions apply)
- Wait list priority

## Outdoor Range Membership (\$200)

- Includes immediate household members only (under 18 must be accompanied by an adult member age 21 or older)
- No lane fees for household members
- Only \$100 add-on to any indoor membership

These prices all represent a special savings, and outdoor membership normally priced at \$200 are currently available at a discounted rate until Christmas for only \$150, and Owner Daniel

Dawson also said special rates for churches, small businesses, and corporate accounts are available, along with gift cards — which make great gifts!

“We do have gift cards, and they are very popular all year, but especially around the holidays,” said Dawson. “We have multiple brands of guns, ammunition, parts kits, and accessories in stock, and we have new stock arriving regularly. We are also happy to let people know that we have bolt action rifles in stock.”

The Pro Shop is open Monday through Saturday, from 9 a.m. until 6 p.m., so stop by today to find the perfect gift and beat the holiday rush!

Guns of Glory’s outdoor range is now open, on Monday through Saturday from 9 a.m. until 7 p.m. and on Sundays from 9 a.m. until 5 p.m.

Membership for the outdoor range offers you and your household complete range access during business hours. “Recreational shooting and training are fun for the whole family,” said Dawson.

Other membership gift ideas are Steel Grace, Guns of Glory’s ladies only membership, which meets on the first and third Thursdays of the month, with six-month memberships beginning at only \$75. Punch cards are \$100 for six visits and \$180 for 12 visits. Daily passes are on sale for \$20 for one shooter and \$30 for two shooters, while heroes, teachers, seniors & Steel Grace members can buy a daily pass for just \$15.

Guns of Glory’s outdoor range is located at 402647 US Highway 60 in rural Bartlesville. It offers a variety of amenities, including a Pro Shop, where members can purchase targets, eye and ear protection, ammunition, and cleaning supplies. Guns of Glory’s indoor firing range and Pro Shop is located at 427 S. Osage Ave., in Dewey.

For more information, call 918-534-8758 between the hours of 9 a.m. to 7 p.m. Monday through Saturday, or visit them on the web at [gogok2a.com](http://gogok2a.com).

# Fractional Ablative Laser

## Treatment Targets Areas with Minimal Downtime



Fractional ablative laser skin resurfacing is indicated for treating fine lines and wrinkles, skin laxity, uneven skin tone, uneven skin texture, and even acne scars. To have such treatment with minimal discomfort and downtime is the ideal, and we can provide exactly that.

"Our laser delivers an optimized 2940 nm wavelength of light energy," said Chris Lavers, PA-C, who owns Lavers Aesthetics along with his wife, Cory. "The water absorption of light peaks at this wavelength, and since water is the primary component of skin, we can achieve effective treatment of targeted areas with minimal thermal damage to surrounding tissues. As such, it is an effective treatment for rejuvenating or resurfacing the skin surface, but it is not designed to target non-skin structures, such as tattoos, etc."

Fractional lasers such as Lavers' utilize specialized optics to split the light energy into multiple parallel beams, causing ablation in select micro-columns of skin, leaving healthy columns of skin intact in between. This improves recovery and reduces downtime by expediting the migration of collagen and elastin into the targeted tissue from the unaffected micro-columns of skin within the targeted area.

Ablative lasers resurface the top layer of the skin, as opposed to non-ablative lasers that do not. When combined with the fractional nature of our laser, this means we can resurface mild to moderate wrinkles, scars, and pigment abnormalities with less downtime than would normally be expected.

"Since downtime is a legitimate concern for many people, we can tailor treatments to suit individual needs," said Cory. "Treatments can be spread over a series of sessions, with less downtime per session, achieving nearly identical results. Thus, the amount of redness, crusting or peeling, potential discomfort, and recovery time can be managed to optimize individual experiences.

Since laser resurfacing is designed to alter skin appearance, precise identification of any skin lesions to be treated is a critical part of any laser treatment regimen. With many years of Dermatology experience, we are uniquely qualified to ensure safe and effective treatment.

To determine if you are a good candidate for laser resurfacing, call Cory at 918-876-4470 for a free consultation.

Lavers Aesthetics also offers a variety of treatments to restore your skin to a healthy, more youthful appearance. All are non-surgical and minimally invasive, providing affordable, convenient, and effective options to achieve desired aesthetic goals with little, if any, downtime. Services offered at Lavers Aesthetics include IPL laser treatments, thread lifts, as well as injectable neuromodulators, such as Botox and Xeomin, dermal fillers, and non-surgical injectable body contouring. They also have Environ Skin Care products and treatments. Chris also stressed that now is the perfect time for IPL Laser Treatments, as fall is starting and there is much less damaging sunlight.

### IPL Laser Treatments

IPL laser treatments target skin discoloration, rosacea, melasma, and hyper-pigmentation, as well as acne, scars, broken blood vessels, spider veins, and fine lines and wrinkles. These



treatments use multiple waves of light to target and breakdown the unwanted spots in the skin. A handheld device is used to deliver light therapy.

"During the procedure, you may feel what some individuals have described as a feeling similar to an elastic band being 'snapped' on the skin," said Chris. "The length and number of sessions needed will depend on each individual's treatment plan."

### Thread Lifts

Lavers Aesthetics also offers thread lifts to tighten and lift sagging skin. Dissolvable threads provide an alternative way to treat skin laxity on the face and body that has only been achievable in the past by plastic surgery. The cost is much more affordable, and since there is no downtime, this treatment is perfect for those who do not want to undergo surgery or who have seen little effect from skin tightening treatments.

### Injectable Treatments

As always, Lavers Aesthetics also offers injectable neuromodulators such as Jeuveau, Botox and Xeomin for fine lines and wrinkles; dermal fillers such as Radiesse and Revanesse Versa+ for adding volume to the lips, cheeks, tear troughs, chin, and jawline; and non-surgical injectable body contouring for the treatment of double chin or other unwanted deposits of body fat.

### Environ Skin Care

The Environ Vitamin STEP-UP-SYSTEM is a vitamin A skin care system. Environ also offers a chemical and physical sunscreen with antioxidants, according to Environ's website, [www.environskincare.com](http://www.environskincare.com).

For a complete list of treatment options, please call their office at 918-876-4470. Follow Lavers Aesthetics on Facebook or Instagram to stay informed about their specials and new treatments.

Lavers Aesthetics is located at 5120 E. Frank Phillips Blvd. To make an appointment, please call 918-876-4470. The office is open from 9 a.m. to 5 p.m. Monday through Thursday and from 9 a.m. to noon on Friday.

(918) 876-4470

5120 E Frank Phillips Blvd

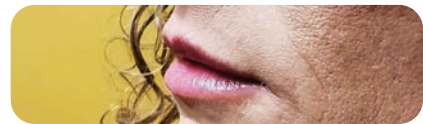
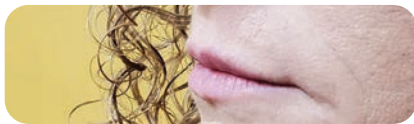


OFFERING SAVINGS SOLUTIONS  
ON SAFE, HIGH QUALITY  
COSMETIC CARE  
**SINCE 2001**



# OCTOBER SPECIALS

**♥ Purchase an IPL series and get 25 units of Jeuveau FREE (\$300 value)**  
(Jeuveau units can be saved for future treatments)



We offer FREE consultations to help you decide what you need to get the results you want.

CALL CORY AT (918) 876-4470 OR TEXT (918) 977-0228 TO SCHEDULE YOUR APPOINTMENT

## PROVEN RESULTS

BEFORE



AFTER

BEFORE



AFTER

BEFORE



AFTER



@laversaesthetics



@lavers\_aesthetics



laversaesthetics.com





# Let's Get Together

## Meet Newell & Schexnayder at Faith in Business Series

### Introducing: BPD Captain Troy Newell

Captain Troy Newell began his career in law enforcement in 1999 as a Correctional Officer at the R.B. Dick Conner Correctional Center in Hominy, Oklahoma. In 2006, he joined the Bartlesville Police Department as a Patrol Officer. From there, he became a K-9 Officer and, shortly after, a Sergeant within the K-9 Unit. Captain Newell then moved into a Lieutenant position in the Professional Standards Division. In that role, he oversaw Internal Investigations, Recruitment, Hiring, and Retention of Police Officers, K-9s and K-9 Handlers, the School Resource Officer Program, Reserve Unit, and Firearms Instructors.

Captain Newell was not in the Lieutenant position long before he advanced to his current rank as Captain. He is responsible for the daily operations of the Police Department's Administrative Services. That entails supervising the Police Department's Records Division, Animal Control Department, E911 Dispatch, Offender Registrations, Parking Enforcement, and overseeing the K-9 Units. Captain Newell also organizes and conducts the Citizen's Police Academy that educates and engages Bartlesville residents to enhance the relationship between the community and the BPD.

Captain Newell's faith is integral to his personal life and work in law enforcement. Troy and his wife, Darla, are parents and grandparents who value family togetherness.

### Introducing: BPD Chaplain Brian "Chappie" Schexnayder

Brian is a chaplain for the Bartlesville Police Department and Washington County Sheriff's Office. He also reaches out into other areas of Washington County. Brian has spent countless hours working alongside officers to support them, their families, and the contacts officers make out in the community on calls.

Brian grew up attending Southwest Baptist Church in Oklahoma City, where his father was the Music Minister. Brian gained his bachelor's degree at Baptist Bible College in Springfield, MO, and master's degree from Heartland Baptist Bible College in Oklahoma City. Brian, his wife Deidre, and three daughters have been in Bartlesville since 2010, where he is the pastor of Crossroads Baptist Church.

Brian's vision includes what he hopes to achieve within the church and by the church within the community. To that end, he and his congregation engage in numerous opportunities to serve various local organizations. That includes Law Enforcement Appreciation Day, initiated by Brian, to bless law enforcement agencies and as a unification point in the community with many supporters and contributors.

Brian's heart, love, effort, determination, and commitment to our Lord drive him to serve the church and community with excellence.



Crossing 2nd  
October 20 | 7:30am  
Visits [www.faithinbusinessseries.com](http://www.faithinbusinessseries.com) to register



# Bump up your Savings.

Take control and bump your rate one time if rates increase.

**17**  
Month  
**Bump**  
**CD**

**3.30** % APY<sup>1</sup>

***(918) 907-3580***  
*www.regent.bank*

<sup>1</sup>APY=Annual percentage yield. Rate effective as of 09/21/2022; subject to change. CD is eligible for a one-time rate increase to Regent Bank's current 18 Month CD Rate during the duration of the CD at the holder's discretion. Other rates & terms available. \$25,000 deposit required to open this account. A penalty will be imposed for early withdrawal of CD products & fees could reduce earnings on the account.

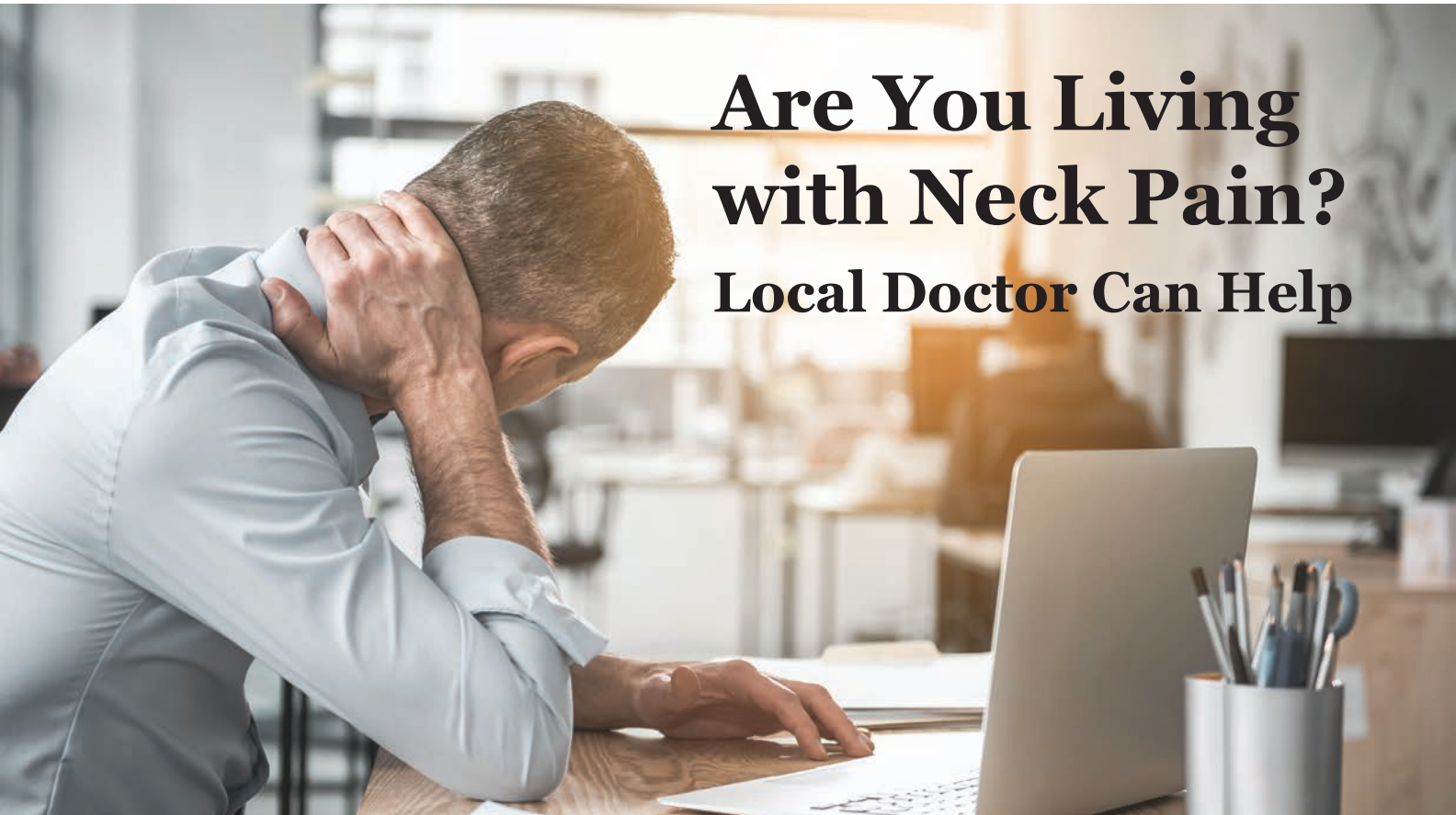


## **REGENTBANK**

The bank that believes in you.

422 S. Dewey Ave • (918) 907-3580

**www.regent.bank** Member FDIC  Equal Housing Lender



# Are You Living with Neck Pain? Local Doctor Can Help

Dr. Kris Parchuri and his team of medical professionals are passionate and committed to helping people live pain free. In addition to his Tulsa office — Spine and Orthopedic Specialists — Dr. Parchuri expanded his practice last year by opening an office in Bartlesville.

Neck pain can be caused by underlying medical issues that needs to be addressed. A neck injury can cause pain in the shoulder, head, arm, and/or hand. It can also cause pain into the legs and other areas.

Dr. Parchuri's true passion is helping to reduce or eliminate his patients' pain utilizing the latest treatments available. He specializes in bringing the best possible procedures and treatments to every patient by connecting with them on a personal and professional level.

If you are suffering from pain or a spinal injury, Dr. Parchuri provides a variety of treatments and procedures. All non-surgical treatment options will be exhausted prior to consideration of more invasive procedures. Physical therapy, patient education and spinal injections are just a few of these options.

One surgical option, which is superior to fusion for one- or two-level disc replacement, is the Zimmer Mobi-C cervical disc. The artificial disc is designed to maintain neck motion. The bone-sparing technology protects against bone chiseling with no invasive screws required. It is designed to allow motions similar to natural cervical spine motion.

According to Zimmer Biomet, Mobi-C is the first cervical disc approved by the FDA for both one and two-level disc replacements. The FDA has determined that the Mobi-C disc replacement is better than fusion after seven years, for the two-level cervical disc replacement. Mobi-C had fewer subsequent surgeries after 84 months.

The center of rotation at each level of the cervical spine is variable and constantly changing. Mobi-C was designed to adapt to the instantaneous axis of rotation through its self-adjusting mobile core. It is designed to aid in motion similar to natural cervical spine motion. It moves with the spine.

Mobi-C's core is designed to create low stress at the implant-to-bone interface. There are no invasive screws, no bone removal for preparation and no additional operative steps. It is a one-step insertion with no drilling or chiseling needed.

If you are suffering from chronic or acute pain, you need the leading medical professional in Tulsa spinal surgery. Dr. Parchuri specializes in orthopedic spine surgery and pain management. With more than 13 years of experience he can help you reclaim your life.

While Dr. Parchuri specializes in treating spine-related diseases and disorders, his practice area also includes general orthopedics. He treats all types of fractures, as well as conditions related to the shoulder, elbow, hand, hip, knee, foot and ankle.

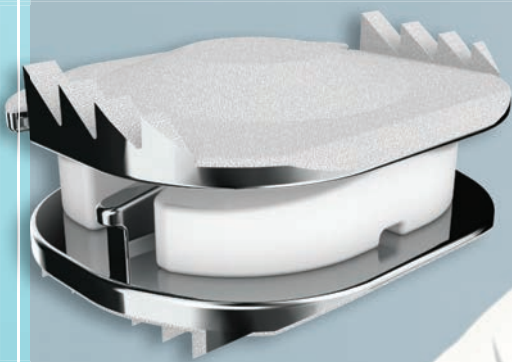
Dr. Parchuri is a proud graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine. He completed his orthopedic residency in Tulsa at Oklahoma State University Medical Center, followed by a spine fellowship at Texas Back Institute in Plano, Texas.

"We focus on more than just the problem," he said. "We focus on each patient as a whole and as an individual, giving you the attention you need and deserve to start moving forward in your life."

Take back what is yours today — contact the office of Dr. Kris Parchuri! To schedule a consultation, call 918-286-3124 or contact them online at <https://sostulsa.com/dr-kris-parchuri/>.



# HAVE YOU BEEN TOLD YOU NEED A FUSION?



DR. KRIS PARCHURI

## Disc replacement is an alternative that may maintain motion.

### Surgery with Mobi-C:

- Will replace worn out disc(s).
- May help keep neck movement.
- May lessen neck and/or arm pain and any arm tingling.

### Potential Mobi-C post-operative risks:

- Pain in the neck, arm, back, shoulder, or head.
- The feeling of pins and needles in the arms.
- Difficulty swallowing.

**Our doctors have performed more disc replacements than anyone in Northeast Oklahoma, and may soon have you on the way to relief from spinal pain.**

Learn more about the Mobi-C® Cervical Disc at [CervicalDisc.com](http://CervicalDisc.com)

Not an actual patient recipient. Results are not necessarily typical, indicative, or representative of all recipient patients. Results will vary due to health, weight, activity and other variables. Not all patients are candidates for this product and/or procedure. Only a medical professional can determine the treatment appropriate for your specific condition. Appropriate post-operative activities and restrictions will differ from patient to patient. Talk to your surgeon about whether cervical disc replacement is right for you and the risks of the procedure, including the risk of implant wear, infection, loosening, breakage or failure, any of which could require additional surgery.

For additional information or to find a surgeon near you, visit [www.zimmerbiomet.com](http://www.zimmerbiomet.com) or [www.cervicaldisc.com](http://www.cervicaldisc.com). ©2020 Zimmer Biomet Spine, Inc. All content herein is protected by copyright, trademarks and other intellectual property rights, as applicable, owned by or licensed to Zimmer Biomet Spine, Inc. or its affiliates unless otherwise indicated and must not be redistributed, duplicated or disclosed, in whole or in part, without the express written consent of Zimmer Biomet Spine, Inc. 3221-US-en-REV0920

[SOSTulsa.com/dr-kris-parchuri](http://SOSTulsa.com/dr-kris-parchuri)

918-286-3124 226 SE. DeBell Ave., Bartlesville



**SPINE &  
ORTHOPEDIC  
SPECIALISTS**

# Breast Cancer Awareness Month

## AMBA Offers Generous Cancer Treatment Coverage

by Matt Conley



October is not only the beginning of the Open Enrollment Period for Seniors. October is also **Breast Cancer Awareness Month!**

AMBA has you covered with both a generous Cancer Treatment plan as well as Lump Sum Coverage! Everyone wants to live a happy, healthy life. But cancer can happen at any time. Being diagnosed with cancer can quickly cause financial problems.

That's why it pays to plan ahead. Cigna's Supplemental Solutions insurance plan can help you! From hospital stays and surgeries, to chemotherapy and radiation treatments, these costs can add up fast, and you may not have money set aside to cover these expenses. That's why Cigna developed coverage that provides benefits for the more commonly-associated cancer costs, as well as the out-of-pocket expenses that could arise, such as child care, transportation and lodging expenses.

**NO SURPRISES:** The good news is you will be paid **regardless** of any other insurance you may have, directly to you! Choose your benefit amount that best fits your lifestyle and wallet! You can

choose to add coverage for recurrence or even build your benefit over time automatically. **GREAT BENEFITS. YOUR CHOICE!**

**MEDICARE SUPPLEMENTS FOR SENIORS:** Seniors, if you haven't already, expect to start being inundated with commercials, mail, and ads for Medicare Advantage Plans. But Mark Crain, an advisor with Association Members Benefits Advisors, wants our area seniors to know they have options when it comes to supplemental insurance.

"Unlike Medicare Advantage Plans, which are more like an HMO where you don't always get to choose your doctor or care facility, our Medicare supplement plans let you choose," said Crain. "Along with our Medicare supplement plan, we also offer coverage for cancer, heart, stroke, home health, and nursing facility. We understand that supplemental insurance isn't one-size-fits-all."

AMBA offers an alternative to Medicare Advantage Plans, and provides a benefit review to cater coverage to each individual senior to fit their needs.

You can call Mark Crain at 918-978-2897 or send him an email at [mark.crain@amba.info](mailto:mark.crain@amba.info) to set up a no-obligation consultation. Let Crain and AMBA provide you with peace of mind as you prepare for open enrollment.



For all your supplemental insurance needs



*October is Breast Cancer Awareness Month!*

Contact Mark Crain  
918-978-2897 | [mark.crain@amba.info](mailto:mark.crain@amba.info)





# Veteran Organization of the Year

## Veterans Connection Earns Statewide Honors

by Matt Conley



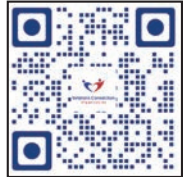
Veterans Connection Organization's Founder Sharon Reese-McGlory and her small staff of dedicated workers have been honored by the Oklahoma Veteran Alliance as the Veteran Organization of the Year.

"At Veterans Connection Organization, we are dedicated to stepping up our efforts in addressing the issues veterans face as they transition to civilian life," said Reese. "Advocacy is by no means an easy feat, but through cooperation and community empowerment we believe we are facilitating progress in this area. We are deeply honored that the Oklahoma Veteran Alliance has recognized us for our hard work."

The Veteran Connection Organization's staff is comprised of Sharon Reese-McGlory, Janie Palmer, and Walter Hayes. Board members are Whitney Doolin, Vickie Hastings, Dr. Amy Thornton, Jimmy Gray, Charlie Pilkington, and Dean Lowe. Veteran Connection's Together With Veterans steering committee is made up of Janie Palmer, Jason Elmore, Gary Gibson, Jean Sanders, and Ryan Starts.



Veterans Connection Organization, One-Stop Resource Office for Veterans, is located at 6105 SE Nowata Rd. For more information about Veterans Connection, please call them at 918-376-0022 or 405-323-6139 or visit the organization's website at [vcobville.com](http://vcobville.com).



*Congratulations Veterans Connection Organization*



**Veterans Connection**  
Organization

**2022 VETERAN ORGANIZATION OF THE YEAR**

**Are you sick and tired of all the Medicare insurance commercials? It's all FREE, FREE, FREE ... RIGHT? WRONG!**

This year it seems like there is another Medicare Insurance Commercial every few minutes! There is, and they are all the greatest ever ... well, according to them. No wonder there is so much confusion and misinformation!

**REAL HELP IS JUST A PHONE CALL AWAY!**



LIC# 18120848

Call or email me and I can help sort out the junk mail and commercials. I can help you with the information that you need and deserve.

**(479) 777-4078**

**Lizbeth Alvarado**

[lizljan03@yahoo.com](mailto:lizljan03@yahoo.com)

I do not offer every plan available in your area. Any information I provide is limited to the plans I do offer in your area. Please contact [www.medicare.gov](http://www.medicare.gov) or 1-800-MEDICARE to get information on all of your options. TTY users should call 1-877-486-2048. Lizbeth Alvarado is a licensed and certified representative of Medicare Advantage [HMO, HMO SNP, PPO, PPO SNP and PFFS] organizations [and stand-alone PDP prescription drug plans]. Each of the organizations I represent has a Medicare contract. Enrollment in any plan depends on contract renewal. Lizbeth Alvarado is not affiliated with or endorsed by Medicare or any other government agency.

Find Your Pot of Gold with Bartlesville and Dewey's only direct-mailed publication!

**Bartlesville**  
LIVING

Contact Peg Wilson

918-914-2965 • [peg@bartlesvilleliving.com](mailto:peg@bartlesvilleliving.com)

Ask about availability at our other properties, too!



**THE VILLAGE APARTMENTS**

- CLUB ROOM
- GAME ROOM
- LAUNDRY ROOM
- POND WITH FOUNTAIN
- EXERCISE EQUIPMENT
- SWIMMING POOL
- BASKETBALL COURT
- 1 & 2 BEDROOMS

VOTED BEST IN BARTLESVILLE  
FOUR YEARS IN A ROW

GREAT APARTMENT LIVING  
AT THE RIGHT PRICE



1565 King Drive, Bartlesville, OK 74006 | 918-335-2911 (O) | 918-335-2230 (F) | [www.thevillageaptsbartlesville.com](http://www.thevillageaptsbartlesville.com)



# Outdoor Fall Fun

## Tips to Overcome Allergy Season & Enjoy Outdoors

(BPT) — Fall is here, which means cooler weather and outdoor family activities like apple picking, youth sports, and more. It can also mean pollen and allergens (like ragweed) are in the air. If your children suffer from seasonal allergies, it can be tough for them to enjoy spending time outside. Fortunately, parenting influencer Bethanie Garcia, ZYRTEC® partner and mom of five active kids — most of whom suffer from seasonal allergies — offers her tips to help parents and kids enjoy the fall weather as a family without allergy symptoms holding them back.

“When it comes to outdoor activities, I suggest balancing spontaneity with preparation for a winning combination,” says Garcia. “Most of all, just let your kids be kids, try new things together, and have fun! If your kids see you having fun, they’ll have fun, too.”

Here are Garcia’s top five tips to have fun with the whole family this fall:

**1. Set up an outdoor picnic for snacks or lunchtime** - and if the kids are old enough, they can help prep the food, too! Stick to easy-to-assemble sandwiches, cut-up fruits and veggies, or hard-boiled eggs — whatever your kids like, plus maybe one or two new things to try! In the fall, I like to bring apple cider donuts and apple cider as a treat for the kids. You can find a local park or just make your yard into a picnic hangout with a colorful blanket on the grass.

**2. Always have an activity bag ready to go** - Last-minute plans always pop up and with five kids, I like to make sure I’m prepared for anything! I always like to keep a “go bag” by the front door packed with all our necessities, including reusable water bottles, blankets, snacks, and games. Plus, with most of my kids having seasonal allergies, I have new Children’s ZYRTEC® Dye-Free Chewables on hand. We’ve used ZYRTEC® for years and the new chewable form is so easy for them to take on-the-go while providing 24-hours of relief from my children’s worst allergy symptoms.

**3. Create an outdoor scavenger hunt** - You can make a scavenger hunt ahead of time by hiding funny, unexpected items or toys around your yard, but you can also just use things you might see in your neighborhood for the hunt and turn it into a nature walk. With the leaves changing, can your kids find different colored leaves or acorns in the backyard? A pro tip — if you have kids with seasonal allergies, make sure to keep a basket outside the front door for your kids to leave their shoes. It helps to limit any pollen tracked inside the house and can really help to minimize symptoms.

**4. If inclement weather is in play, create an indoor art studio** - Fall weather can be unpredictable, so I like to have



indoor activities ready just in case. We always keep art materials like paint, playdough, or chalk on hand to create fun projects. To add some unique elements, I let the kids quickly run outside to grab leaves, sticks, acorns, and more to incorporate into their art. Another pro allergy mom tip: make sure to have your kids wash their hands so any pollen or dust doesn’t end up on their faces or carry into other parts of the house.

**5. Host an outdoor movie night** - All you need is a projector, the side of your house or garage, and a bedsheet, and voila! Get out beanbag chairs, pillows and blankets, and pop some popcorn for a great family evening together. Make sure to dress for the occasion since fall nights can get a little chilly. I like to bring out extra flannels, hats, and blankets to make the kids more comfortable. Since we usually set the movie up under a tree, the hats and blankets also help to protect the kids from any pollen that may fall from the trees.

When it comes to getting your family outdoors, feel free to add your own twist and make it unique to your family’s interests! Want to help your kids enjoy more outdoor play time? Try new Children’s ZYRTEC® Dye-Free Chewables for kids 2 years old and up that are easy to take on the go for all your adventures.

They are free of alcohol, dyes, and sugar, and available in-store at most mass retailers, drug and grocery stores in the allergy aisle, and online at Amazon.com. Plus, for any parents who are allergy sufferers, check out the new ZYRTEC® Chewables for adults.







# MISSION ROOFING

*Best is Better Than Good*

**918-332-2828**



Eric Mills  
Co-Owner

**Call for your free estimate today**

Brian Engel  
Co-Owner





1757 Frank Phillips Blvd.  
Bartlesville, OK  
**918-333-4647**



SHARON FOUTS  
918-231-2052

## FEATURED PROPERTY



**4521 LIMESTONE ROAD**  
Country French Home, 2 Living Areas, Formal Dining, Large Kitchen, Granite tops, 3 bed, 2 bath. ....**\$249,900**



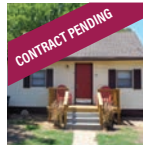
**1223 N CREEK AVE, DEWEY**  
Brick home with 24' x 40' Metal Workshop on 4 Lots. 2 Living Areas, 2 Large bedrooms, 1.5 baths. ....**\$159,900**



**700 N SHAWNEE AVE, DEWEY**  
2 beds, 1 bath. Everything New, Large Corner Lot. ....**\$129,000**



**208 BRADLEY PLACE**  
Brick Home with 3 beds, 1 bath, Living/Dining combo, Hardwood floors, 1 car Att. Garage, Central Heat & Air. ....**\$82,000**



**129 N CREEK**  
2 bedrooms, 1 bath, Living Room, Dining Room, Bonus Room, New Roof. ....**\$74,900**



**107 S CHEYENNE**  
3 bedrooms, 1 bath. Detached Garage, Storm Cellar. Property includes 2 lots. ....**\$25,000**

## RENTALS AVAILABLE

- 3013 Bryce Circle** | 3 bedrooms, 2 1/2 baths. 3 car garage. .... *Deposit/Rent: \$1,600*
- 1714 McKinley** | 3 bedrooms, 2 bath, 2-car garage. .... *Deposit/Rent: \$1,500*
- Rural Nowata** | Outside City Limits. 3 bedrooms, 1 bath, Brick Home with Large Yard. .... *Deposit/Rent: \$1,100*
- 425 Lahoma** | 3 bedrooms, 1 1/2 bath, 2 living areas. .... *Deposit/Rent: \$850*
- 812 E 4th St.** | Just remodeled. New appliances. 1 bedroom, 1 bath, water paid. 3 apartments ready to rent. .... *Deposit/Rent: \$700*
- 1003 W 13th St.** | 2 bedrooms, 1 bath. Attached garage. .... *Deposit/Rent: \$675*

USING ELECTRONIC LOCKBOXES FOR YOUR SAFETY

## AMERICAN HERITAGE BEEF



Local, Producer Raised Beef  
Individual Cuts,  
Bundles, and Sides

Visit us at these locations!

**Nowata**  
19974 NS 411 Rd • 918.273.2333

**Bartlesville**  
505 E 3rd Street • 918.337.9229

We're also online at [www.ahbeefco.com](http://www.ahbeefco.com)

# October Special — 20% OFF Roasts

# LIVE IT UP

*in a home of your own!*

Ready to make your move? Whether you're purchasing, refinancing, building or making improvements, we're here to *get you there.*



Get prequalified at  
**[BartlesvilleMortgages.com/](http://BartlesvilleMortgages.com/)**





Charlene Bejcek  
918-440-4763



Kathlene Blevins  
918-440-1859



Carolyn Bolding  
918-327-1133



Jonathan Bolding  
918-327-3137



Denton Brown  
620-205-8895



McKayla Church  
918-730-1847



Cheryl Fregin  
918-440-0040



Cindy Folk  
918-559-9905



Andrew Gordon  
918-230-0864



Keeli Hand-Droege  
918-697-8509



Barbara Hopper  
918-335-7202



Joshua Igo-Schueler  
918-914-0256



Max Lutke  
918-914-3813



Sydney Nichols  
918-397-4505



Amos Radlinger  
918-766-2361



Janette Roark  
918-907-1327



Brian Saltzman  
918-214-3053



Kim Tate-Conner  
918-335-7193



Kim Taylor  
918-214-3036



Brooke Snyder  
918-271-2159  
Broker/Manager



Adam Wood  
918-805-1278



**253 Hazel Blvd • Tulsa**  
**4/4.5/2 • \$1,650,000**  
**Andrew Gordon • 918-230-0864**



**396050 W 2900 Rd • Caney Valley**  
**Mobile Home Park • \$1,775,000**  
**Kim Taylor • 918-214-3036**



**3725 Velma Dr • Bartlesville**  
**4/2/1 • \$165,000**  
**Amos Radlinger • 918-766-2361**

## RESIDENTIAL

2209 Deerfield Place	Bartlesville	4/3&2/3	\$750,000	Janette Roark	918-907-1327
6801 Tuxedo Blvd	Bartlesville	3/1	\$399,900	Kim-Tate-Conner	918-335-7193
2515 Hill Dr	Bartlesville		<b>SOLD!</b>	Barbara Hopper	918-335-7202
318 Rachel Lane	Bartlesville		<b>SOLD!</b>	Barbara Hopper	918-335-7202
2130 Skyline Drive	Bartlesville	5/3.5/2	\$375,000	Amos Radlinger	918-766-2361
1904 Glynnwood Dr	Bartlesville		<b>PENDING</b>	Keeli Droege	918-697-8509
5402 Apsen Avenue	Bartlesville	3/2/2	\$285,000	Cheryl Fregin	918440-0040
2553 Evergreen Drive	Bartlesville		<b>PENDING</b>	Carolyn Bolding	918-327-1133
1463 Valley Road	Bartleville		<b>SOLD!</b>	Cheryl Fregin	918-440-0040
1143 Meadow Lane	Bartleville		<b>SOLD!</b>	Cheryl Fregin	918-440-0040
4223 Tuxedo blvd	Bartlesville	4/2/4	\$199,900	Kim Tate-Conner	918-335-7193
2000 S Dewey Avenue	Bartlesville		<b>PENDING</b>	Barbara Hopper	918-335-7202
3725 Velma Dr	Bartlesville	4/2/1	\$165,000	Amos Radlinger	918-766-2361
4203 Tuxedo blvd	Bartlesville	3/2/1	\$159,900	Kim Tate-Conner	918-335-7193
814 S Osage Avenue	Bartlesville	3/2/2	\$149,900	Amos Radlinger	918-766-2361
1321 Rockdale Rd	Bartlesville		<b>PENDING</b>	Josh Igo-Schueler	918-914-0256
1839 Putnam Drive	Bartlesville		<b>PENDING</b>	Carolyn Bolding	918-327-1133
4901 Brookline Drive	Bartlesville	3/1.5	\$139,000	Cindy Folk	918-559-9905
331 Boston ave	Bartlesville		<b>PENDING</b>	Barbara Hopper	918-335-7202
4901 Brookline Drive	Bartlesville	3/1.5	\$139,000	Cindy Folk	918-559-9905
2094 Southview	Bartlesville		<b>PENDING</b>	Barbara Hopper	918-335-7202
237 Cheyenne Ave	bartlesville	3/2/1	\$59,000	Carolyn Bolding	918-327-1133
808 SW Jennings	Bartlesville		<b>PENDING</b>	Amos Radlinger	918-766-2361
524 S Shawnee Ave	Bartlesville		<b>PENDING</b>	Barbara Hopper	918-335-7202

## SURROUNDING AREAS

253 Hazel Blvd	Tulsa	4/4.5/2	\$1,650,000	Andrew Gordon	918-230-0864
3426 E 184th Street	Collinsville	5/3.5/3	\$659,000	Barbara Hopper	918-335-7202
2523 S Owasso Ave	Tulsa	3/2.5/2	\$679,000	Andrew Gordon	918-230-0864
22 Longacre Dr	Caney Valley	4/3.5/2	\$498,000	Keeli Droege	918-697-8509
15185 EW Couty Rd 8	Ok/ Union	4/2.5/2	\$360,000	Cindy Folk	918-559-9905

## RESIDENTIAL LOTS & VACANT LAND

140 N Wyandotte Ave	Dewey	3/1.5/1	\$114,000	Barbara Hopper	918-335-720
S.E. Price Rd	Bartlesville	50 Ac	\$1,575,000	Janette Roark	918-907-1327
N Hwy 75	Dewey	8.97	\$450,000	Max Lutke	918-914-3813
2708 Road	Bartlesville	80 AC	\$350,000	Carolyn Bolding	918-327-1133
N 3973 Drive	Dewey		<b>PENDING</b>	Sydney Nichols	918-397-4505
N 3973 Drive	Bartlesville	25 Ac	250,000	Sydney Nichols	918-397-4505
Deerfield Addition II	Bartlesville	13 Lots	\$40-55K ea	Janette Roark	918-907-1327
2112 Turtle Creek	Bartlesville	1 Lot	<b>SOLD!</b>	Janette Roark	918-907-1327
Southport Drive	Bartlesville	9 Ac	\$137,500	Janette Roark	918-907-1327
Southport Drive	Bartlesville	.40 Ac	\$39,500	Janette Roark	918-907-1327
S Wyandotte Ave	Bartlesville	3 Res. Lots	\$30K ea	Janette Roark	918-907-1327
211 & 213 SW Santa Fe	Bartlesville	2 Res. lots	\$18,000	Kim Taylor	918-214-3036
Southport Loop	Bartlesville	Res. Lot	\$14,750	Janette Roark	918-907-1327
239 N Cheyenne	Bartlesville	Res. Lot	\$10,000	Carolyn Bolding	918-327-1133
Admiral Court	Bartlesville	2 lots	<b>SOLD!</b>	Amos Radlinger	918-766-2361
515 Shawnee Avenue	Bartlesville	Res. Lot	<b>SOLD!</b>	Carolyn Bolding	918-327-1133

## COMMERCIAL PROPERTIES

396050 W 2900 Rd	Caney Valley	MHP	\$1,775,000	Kim Taylor	918-214-3036
221 SE Frank Phillips Blvd	Bartlesville	Retail	\$900,000	Janette Roark	918-907-1327
1000 E 14th Street	Dewey	Mixed Use	\$699,000	Lutke/Bolding	918-327-1133
16582 Hwy 123	Dewey	Mixed use	\$349,000	Barbara Hopper	918-335-7202
2710 SE Washington Blvd	Bartlesville	1.02 Ac	\$299,000	Carolyn Bolding	918-327-1133
2339 Nowata Place	Bartlesville	Business	<b>PENDING</b>	Brian Saltzman	918-214-3053
204 S Chickasaw Ave	Bartlesville	Business	<b>PENDING</b>	Barbara Hopper	918-335-7202
312 Osage Avenue	Bartlesville	Mixed use	<b>SOLD!</b>	Amos Radlinger	918-766-2361
217 S Choctaw Ave	Bartlesville	Multi-Use	\$105,000	Barbara Hopper	918-335-7202
2882 SE Washington Blvd	Bartlesville	.29 Ac	\$80,000	Carolyn Bolding	918-327-1133
814 S Willow Street	So Coffeyville	Rest	<b>SOLD!</b>	Cindy Folk	918-559-9905
1114 W Hensley Blvd	Bartlesville	Mixed use	\$59,900	Barbara Hopper	918-335-7202

## BARTLESVILLE'S LOCALLY OWNED REAL ESTATE COMPANY

WWW.CCBARTLESVILLE.COM 918-333-2222  
2321 SE NOWATA PL, SUITE A • BARTLESVILLE



# COVID Grant Funds Available



## Funds Left Over From CDBG Grant

*City Beat*  
Your city, your news

by Kelli Williams



The City Council earlier this month held a public hearing and adopted a resolution required for City staff to formally request a change of focus for funds leftover from the Community Development Block Grant-Corona Virus funds received by the City last year.

In April 2021, the City Council accepted the \$936,189 grant from the Oklahoma Department of Commerce to fund activities that address the health and economic challenges brought on by the COVID-19 pandemic. Specifically, the grant funds rent, utility, and mental health assistance to low and moderate income Bartlesville residents who have been affected by COVID-19.

Much of the grant has been expended, City Planner Nancy Warring told the council during the meeting. In fact, the mental health assistance portion of the project is complete, with no funds remaining in that line item.

"However, there are substantial funds remaining for rent and utility assistance, and the demand for that assistance has consistently declined over time," Warring said.

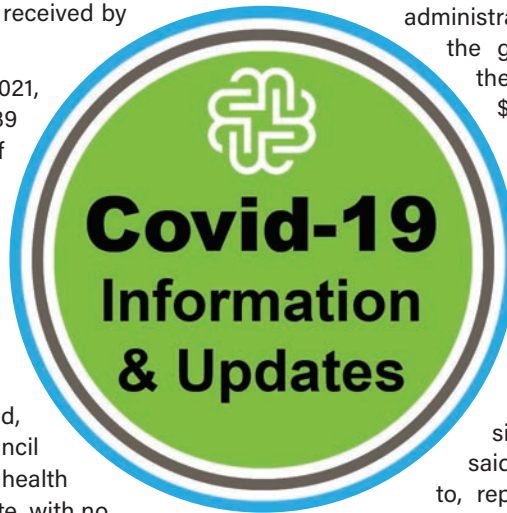
As of August 31, there is \$513,045.36 in grant funds remaining, though approximately \$27,667 of these funds are needed for local non-profit Concern to administer the grant through the end of the grant period, which is March 2023.

"This will cover rent and utility assistance, plus their administrative costs, which are also eligible under the grant but were not originally included in the budget," Warring said. "This still leaves \$485,378 remaining."

Rather than returning the unspent funds in March, Warring proposed directing the funds toward a newly eligible activity that has been added to the CDBGCV Grant Program: Rehabilitation Assistance.

"This involves the rehabilitation of a commercial building or public facility to improve indoor air quality and ventilation to prevent the spread of Coronavirus and similar airborne illness or disease," Warring said. "This could include, but is not limited to, replacing the HVAC system, replacing other systems that affect air quality, or adding operable windows. The facilities must either serve low to moderate income clientele or be located in a low to moderate income area."

For more information, feel free to contact Warring by email at [newarring@cityofbartlesville.org](mailto:newarring@cityofbartlesville.org) or call 918-338-4243.



---

## Council Hears Concerns About City Park Activities

Ten citizens spoke during the "Citizens to be Heard" portion of the City Council meeting earlier this month, with local resident Shannon King presenting a petition to the council requesting action on "adult entertainment" in City-owned parks. The petition is reportedly in response to an event held September 10 in Unity Square Park, a City-owned facility that is managed by Bartlesville Community Center, which included an LGBTQIA+ Pride celebration and, later in the evening, a drag queen show.

Morgan Lawrence-Hayes, president of the event's sponsor, Oklahomans for Equality, also spoke during the meeting, saying OKEQ also supports action to restrict adult entertainment in parks, as no portion of the September 10 event included anything that could be considered "adult entertainment."

The council is prohibited by the Open Meetings Act from discussing items brought up during this portion of the meeting but did say later in the meeting, under City Council Comments and Inquiries, that they appreciated hearing from the attendees and that the matter would be further addressed at a later time.



City Attorney Jess Kane is expected to prepare a presentation for the council's next meeting, on November 7, detailing what actions the City can and cannot take to regulate adult entertainment in public spaces.

"The agenda for that night will include Mr. Kane's presentation as a discussion item so that the City Council can discuss these issues and provide guidance to City staff on how best to address the public's concerns," said City Manager Mike Bailey.